



September 2, 2022

Dear Parents/Guardians,

Our Cross Country Running Team is composed of students from grades 6-9. We practice approximately 3 times per week, immediately after school until about 3:50pm, running on the Iron Horse Trail to Hwy. 881 and back. We will also have 3 practices at Lagasse Park running the toboggan hill. On those days, students will be bussed to and from Lagasse Park and practice will end about 4:00pm. Our first practice will be **Wednesday, September 7, 2022**. Please see the attached schedule. It will also be available on www.racette.ca.

The cross country competition (SPAA – St. Paul Athletic Association) is scheduled for Wednesday, Sept 28, 2022. The competition takes place at Ross Lake Recreational Area. Students will be bussed to and from the event. Students will be required to bring lunch or money for the onsite concession. This is an all-day event full of excitement and enthusiasm. Students will return from the event in time for after school dismissal and bus departures. **Please sign the attached permission forms and return Tuesday, Sept. 6, 2022.** Students will not be allowed to run until forms have been signed and returned.

We are excited to begin our training sessions and look forward to an exciting, successful season.

If you have any questions, please do not hesitate to contact the school at 780-645-3571.

Regards,

Mandy Palinka

Kathleen Gerlinsky

Andrea Austin

**Fees are \$50.00 per student, payable by September 16, 2022.



I, _____, give permission for my child,
_____, to take part in the **training sessions** for the Racette Cross Country Running Team.

I also give permission for my son/daughter to attend the SPAA championship on **Wednesday, Sept 28, 2022** at Ross Lake Recreational area.

Parent/Guardian - **SIGNATURE**

Payment enclosed - \$50.00 _____ (initial)

Form 261- 4b (Sports)

ST. PAUL EDUCATION

BLANKET AUTHORIZATION FORM FOR SPORTS

I hereby authorize, as parent or guardian, that

_____ enrolled at _____
(Surname) (First Name) (Name of School)

is permitted to participate in games, practices and tournaments during the

_____ season as per the attached schedule

of games, practices and tournaments.

I understand that I will receive notification for any additional practises or games not listed in the attachment. For tournaments, I will also receive notification including the date(s), destination, supervision arrangements, costs (if any), other considerations, and contact information through which additional information may be obtained.

As a parent/guardian I understand all school rules and discipline procedures will be followed.

Parent Contact: Home Phone # _____ Cell # _____

MEDICAL CONSENT: I consent to any emergency medical treatment that may be required during events.

MEDICAL ALERT: Please specify if your child has a health condition which may lead to medical attention:
o Allergies (Reaction: _____)
o Bee stings
o Dietary restrictions
o Other _____
o Students at risk of anaphylaxis require the Special Field Trip Consent Form (318-1)

Health Care # _____

Signature of Parent/Guardian: _____

Date: _____

COMMENTS:

ST. PAUL EDUCATION

STUDENT EXTRA-CURRICULAR CONTRACT

EXTRA-CURRICULAR CONTRACT – PRIVILEGE

The purpose of this contract is to ensure all parties involved understand the expectations outlined in the contract and the consequences for the students, should they not comply with these expectations. The intent of the contract is to ensure success for the students and continue a smooth operation of the school. The details of this contract specify and outline the conditions under which the student will conduct activities and actions.

I, _____, recognize the value of my experiences at St. Paul Education, both curricularly and extra-curricularly, and therefore agree to abide by the following conditions as outlined in Section 31 of the *Education Act* while enrolled at a St. Paul Education school.

A student shall conduct him/herself so as to reasonably comply with the following code of conduct:

- a) Respect yourself and the rights of others in the school;
- b) Make sure your conduct contributes to a welcoming, caring, respectful and safe learning environment in the school that reflects the diversity and fosters a sense of belonging of others in your school;
- c) Act in ways that honours and appropriately represents you and your school;
- d) Attend school regularly and punctually;
- e) Be ready to learn and actively engage in and diligently pursue your education;
- f) Know and comply with the rules of your school;
- g) Cooperate with all school staff;
- h) Be accountable for your behaviour to your teachers and other school staff; and,
- i) Contribute positively to your school and your community.

I understand that failing to comply with these obligations may result in the removal of my privilege of participating in field trips/sports and activities planned outside of the regular classroom curricular activities.

_____ Student's Signature	_____ Date
_____ Parent's Signature	_____ Date
_____ Administration	_____ Date